

**CN Wellness Committee Meeting**  
**Colo ICN Room-7:30 A.M.**  
**Thursday, May 5, 2022**

**Members Present: Jackie Dunlap, Tony Stalzer, Kara Kinser, Travis Owens, Aaron Aljets, Brandon Kelley, Marc Snavely & Sheryl Gilmore**

**Agenda:**

1. Check in on new developments of extending free meals for breakfast/lunch into the 2022-2023 school year??? (Sheryl)

This is still undecided. Sheryl indicated that she hopes to get more information in July. Sheryl believes that they may extend this program, but we will have to wait and see.

2. Follow-up on May 4<sup>th</sup> Vaping Speaker (Colo Staff Members)

This went well. Students paid attention. Moving forward, when students are caught vaping, they will still be ticketed by the Story County Sheriff's Office. We are also adding a program where a Story County Counselor does an educational program to educate students on the harmful effects of vaping. Some schools are putting policy in place that whenever there are two students caught in a bathroom stall together, they are immediately suspended from school for the day.

3. Elementary students coming to Colo on May 13<sup>th</sup> (Mileage Club-1 Mile Walk/Run) (Marc)

High school students will be available to mark students' hands. Tony is going to set up the chute. Travis is planning to set up the sound system. We will announce the names of each student and give them a medal. They will leave at 2:45 p.m.

4. Any Program Reviews for next year??? (Sheryl)

None scheduled

5. Any P.E. Wellness Activities scheduled for this spring??? (Travis & Aaron)

Travis will working on lining up fishing on May 18<sup>th</sup> & 19<sup>th</sup> for students not already on field trips.

6. Areas We Need to Assess (Marc)

A.) Physical Education

B.) Nutrition

C.) Public Involvement

D.) Monitoring & Evaluation of Programs

We will revisit in the fall.

7. Fall Activities (Marc)

A. Mike Donahue

## B. Other Activities???

We will revisit in the fall.

### 8. Website Update (Marc)

Nothing to update at this time.

### 9. Anything Else???

We are working to set up team building activities during opening day in August. This will likely be at Dakins Lake in Zearing.

Also, 5-12 students will be doing a community service day on Wednesday, May 11<sup>th</sup> in the morning.