

CN Wellness Committee Meeting
Colo ICN Room-7:30 A.M.
Wednesday, May 6, 2026
Virtual Link-As an Option

Members Present: Marc Snavely (Superintendent), Brandon Kelley (Middle/High School Principal), Mike Boeve (Elementary Principal), Mary Wilkins (ISU Extension & Parent), Kelsie Engelken (FCS Teacher), Kara Kinser (School Counselor)

Virtual Option Available

Agenda:

1. Welcome/Introductions (Marc)

Marc welcomed everyone and thanked them for their participation in the meeting.

2. Updates-Winter & Spring Wellness Activities Recap (2025-2026) (Marc)

The Elementary did the Heart Challenge again this year. Teachers and students participated in the Mileage Club through Mary Greeley Hospital. This spring, an elementary track meet was held on the new track. Fifth and sixth graders participated in the VIP Day which consisted of active games and fishing.

3. P.E. Activities & Classroom Activities Recap (P.E. Teachers & Gen. Ed Teachers)

The new track has been heavily used for middle/high school classes. The elementary students did some Winter Olympic Activities.

4. Triennial Assessment/Nutrition Review/Audit (Sheryl & Jackie)

This has been done and nothing to do at this time.

5. August Kick-Off Speaker (Marc)

V.J. Smith, author of the *Richest Man in Town*, will be the kick-off speaker on August 17th.

6. Vaping Education Update (Brandon & Kara)

Nothing new on vaping education.

7. On-Line Safety Education/Cell Phones/Mental Health Update (Marc)

Teachers use Go Guardian. This year, the no cell phone rule and yondr bags were implemented. The middle/high school started a student advisory group. Everyone is seeing the value of no phones during the school day. This has helped with keeping students focused during the school day. Students are socializing at lunch.

8. Classroom Clinic Update (Marc)

Many students have been enrolled this spring and are receiving services. Next week, we will be doing planning for next year. They will have a table set up at "Back to School Night" in August.

9. Other Topics of Discussion for the Wellness Committee (Marc)

The CTE Enterprise has teamed up with Lee's Green to provide salads for students and staff. They would like to expand this to the community in the near future. Summer Meals delivering

will start on June 8th and run through July 24th. Breakfast has been added this year. The food pantry and back pack program are still going strong. Mr. Boeve thanked Mary Wilkins for all the great activities she brings in for students through the ISU Extension Program.

Adjourn