

Colo-NESCO CSD  
October Breakfast/Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1. Quesadilla/Veggie/Fruit Brownie/Milk  Breakfast Pizza/Cereal/Toast Fruit/Juice/Cinnamini/Milk
4. Turkey/Ham Wrap or Flatbread Veggie/Fruit/Chips/Milk  Pancake Sausage Stick Cereal/Toast/Fruit/Juice/Milk	5. Walking Tacos/Refried Beans Veggie/Fruit/Milk  Breakfast Boat/Cereal/Toast Fruit/Juice/Milk	6. Chicken Drumsticks/Veggie Fruit/Dinner Roll/Milk  French Toast/Cereal/Toast Fruit/Juice/Milk	7. BBQ Pork Sand./Veggie Fruit/Coleslaw/Milk  Breakfast Burrito/Cereal Toast/Fruit/Juice/Milk	8. Pizza/Veggie/Fruit/Cookie Milk  Breakfast Pizza/Cereal/Toast Fruit/Juice/Cinnamini/Milk
11. Chicken Tenders/Veggie/Fruit Dinner Roll/Milk  Sausage Gravy & Biscuit/Cereal Toast/Fruit/Juice/Milk	12. Mr. Ribs/Veggie/Fruit Cookie/Milk  Eggs/Cereal/Toast/Fruit Juice/Milk	13. Pizza Bake/Veggie/Fruit Breadstick/Milk  Bagel/Cereal/Toast/Fruit Juice/Yogurt/Milk	14. Corn Dogs/Nachos/Veggie Fruit/Milk  Pancake Sausage Stick/Cereal Toast/Fruit/Juice/Milk	15. Cheeseburgers/Veggie Fruit/Milk  Breakfast Pizza/Cereal/Toast Fruit/Juice/Cinnamini/Milk
18. Chicken Sand./Veggie/Fruit Milk  Waffles/Cereal/Toast/Fruit Juice/Milk	19. Chili/Veggies/Fruit Crackers/Cinnamon Roll/Milk  Breakfast Bar/Cereal/Toast Fruit/Juice/Milk	20. Mandarin Orange Chicken Rice/Veggie/Fruit/Breadstick Milk Pancakes/Cereal/Toast Fruit/Juice/Milk	21. Beef Nachos/Refried Beans Veggie/Fruit/Milk  Breakfast Burrito/Cereal Toast/Fruit/Juice/Milk	22. Baked Potato Bar/w/toppings Veggie/Fruit/Breadstick/Milk  Breakfast Pizza/Cereal/Toast Fruit/Juice/Cinnamini/Milk
25. Quesadilla/Veggie/Fruit/Milk  Sausage Gravy & Biscuit/Cereal Toast/Fruit/Juice/Milk	26. Sloppy Joes/Veggie/Fruit Milk  Eggs/Cereal/Toast/Fruit/Juice Milk	27. Chicken Fajita/Veggie Fruit/Milk  French Toast/Cereal/Toast Fruit/Juice/Milk	28. Crisпитos/Veggie/Fruit Cookie/Milk  Breakfast Bar, Cereal, Toast Fruit/Juice/Milk	29. Scalloped Potatoes & Ham Veggie, Fruit, Milk  Breakfast Pizza/Cereal/Toast Fruit/Juice/Cinnamini/Milk